SCD Pumpkin Spice Cookies

SCD dessert

Ingredients:

1 cup Pumpkin or butternut squash puree (*bake squash, then

scoop out flesh)

2 Large eggs

2 Tbsp Ghee or softened butter

2 Tbsp Honey 1 tsp Vanilla

½ tsp Baking soda

½ tsp salt

1 tsp cinnamon 1/4 tsp nutmeg

Allspice (just a pinch)

1/4 cup Chopped raisins

Directions:

- 1.) Preheat oven to 325 deg F. Line cookie sheet with parchment paper.
- 2.) Add pumpkin/squash in to a food processor and blend thoroughly.
- 3.) Add eggs, honey, ghee/butter, and vanilla and process.
- 4.) Add baking soda, salt, and all spices and process.
- 5.) Add raisins and mix until they are evenly distributed throughout the batter as best as you can see.
- 6.) Scoop onto cookie sheet in $\frac{1}{2}$ tablespoon size amounts and flatten.
- 7.) Bake for 20 minutes or until slightly browned on top. Cool on cookie sheet.
- 8.) Store uncovered for hard cookies and covered for softer ones.

Notes / Suggestions:

1.)

2.)

