

# SCD Parmesan-crusted Cauliflower

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*SCD side dish*



## **Ingredients:**

3 Tbsp      Olive oil  
6 cups      Cauliflower florets  
½ cup      Parmesan cheese, freshly grated  
              Fresh ground pepper to taste

## **Directions:**

- 1.) Preheat oven to 400 deg F. Line baking sheet with parchment paper.
- 2.) Bring a medium pot of water to a boil. Add cauliflower and cook for 1 minute. Drain and transfer to a large bowl.
- 3.) Add olive oil and gently mix.
- 4.) Add parmesan cheese and pepper. Gently mix again.
- 5.) Transfer to baking sheet.
- 6.) Roast 10 minutes or until cheese is golden brown.

## **Notes / Suggestions:**

- 1.) Serves 4.